



The 2-minute rule

Write for 2 minutes before you say no.

TIP
01



Writing habit vs. motivation

Developing a habit is the most important step. Do this and you'll never forget to write.

TIP
02



Block and protect time

Block off time for writing every day, and tell people it's blocked off.

TIP
03



Actionable Tips to Develop a Writing Habit

WWW.MILESHALTER.COM



Choose your hard

Is it harder to write, or harder not to write? Think about the consequences of not writing.

TIP
04



Results will come

Results will come if you write every day, and this will make you want to write even more.

TIP
05

TIP
06



Choose a great niche

It'll be much easier for you to write in a niche you care about. Just make sure there's an audience that cares about it, too.